

RCISD September 2018 Pre-K Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 HOLIDAY	4 Cereal Cheese Stick Fruit Fruit Juice Milk	5 Breakfast Slider Fruit Fruit Juice Milk	6 Cereal Cheese Stick Fruit Fruit Juice Milk	7 Breakfast Bread Yogurt Fruit Fruit Juice Milk
10 Breakfast Pizza Fruit Fruit Juice Milk	11 Cereal Cheese Stick Fruit Fruit Juice Milk	12 Sausage Kolache Cheese Stick Fruit Fruit Juice Milk	13 Cereal Cheese Stick Fruit Fruit Juice Milk	14 Breakfast Burrito Fruit Fruit Juice Milk
17 Muffin Yogurt Fruit Fruit Juice Milk	18 Cereal Cheese Stick Fruit Fruit Juice Milk	19 Mini Pancakes Fruit Fruit Juice Milk	20 Cereal Cheese Stick Fruit Fruit Juice Milk	21 PB & J Fruit Fruit Juice Milk
24 Breakfast Sandwich Fruit Fruit Juice Milk	25 Cereal Cheese Stick Fruit Fruit Juice Milk	26 Chicken-N- Biscuit Fruit Fruit Juice Milk	27 Cereal Cheese Stick Fruit Fruit Juice Milk	28 Stuffed Pita Fruit Fruit Juice Milk

Breakfast: Free to all students Lunch: Regular Price Elementary School \$2.35 Regular Price Middle & High School \$2.75 Reduced Price: All Schools \$0.40	RCISD CAFETERIA OFFICE 1111 12TH STREET 325-884-3705 X 563 April.martinez@rcisd.net Elementary Supervisor: Elida Cedillo	**Menu subject change without notice
---	--	---

The U.S. Department of Agriculture prohibits discrimination against its customer, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights Program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

RCISD September 2018 Pre-K Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 HOLIDAY	4 Crispy Tacos Sliced Fresh Vegetables Orange Smiles Milk	5 Ravioli Garden Salad Pears Milk	6 Cheeseburger Oven Fries Carrots Snowball Salad Milk	7 Chicken Parmesan Pulled Pork Sliders Savory Green Beans Chilled Pineapple Milk
10 Oven Roasted Chicken Broccoli Roll Sliced Fruit Milk	11 Nachos Grande Beans Sliced Tomatoes Cucumber Slices Peaches Milk	12 Chicken Sandwich Sliced Fresh Vegetables Mandarin Oranges Milk	13 Asian Bowl Garden Salad Fruity Gelatin Milk	14 Cheese Pizza Carrots Sliced Seasonal Fruit Graham Crackers Milk
17 Country Fried Steak Strips Gravy Mashed Potatoes Roll Strawberry Cup Milk	18 Meat & Cheese Chalupas Beans Rosy Applesauce Milk	19 Chicken Tenders Gravy Broccoli Mixed Fruit Milk	20 Chicken Spaghetti Carrots Apple Slices Milk	21 Fish Sticks Mac & Cheese Savory Green Beans Orange Smiles Milk
24 Texas Basket (Steak Fingers, Oven Fries, Roll, & Gravy) Sliced Fresh Vegetables Mixed Fruit Milk	25 Tex-Mex Stack (Taco Meat & Fritos) Beans Peaches Milk	26 Chicken Alfredo Garden Salad Hot Cinnamon Apples Milk	27 Ranchero Wrap Sliced Fresh Vegetables Snowball Salad Milk	28 PBJ Sandwich Cheese Stick Baby Carrots Apple Slices Milk

Breakfast: Free to all students Lunch: Regular Price Elementary School \$2.35 Regular Price Middle & High School \$2.75 Reduced Price: All Schools \$0.40	RCISD CAFETERIA OFFICE 1111 12TH STREET 325-884-3705 X 563 April.martinez@rcisd.net Elementary Supervisor: Elida Cedillo	**Menu subject change without notice
---	--	--------------------------------------

The U.S. Department of Agriculture prohibits discrimination against its customer, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights Program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer